



Hockey Outaouais Initiation Program - MAHG



Initiation Coaches Clinics Season 2010-2011

Important Note

- 1) All registrations must be done through your Local Representative Initiation at your respective Minor Hockey Association.
- 2) A maximum of 35 candidates per clinic will be accepted.
- 3) The 3rd (and last) clinic in Aylmer Sector will be bilingual if necessary.
- 4) Cost for the clinic, including MAHG tracksuit, is \$185 per candidate.
- 5) Last minute changes (location, arena, times, ...) will only be communicated to candidates pre-registered to the selected clinic.
- 6) All candidates will require to assist to the full clinic, beginning to end, with no exception. No exemption will be provided.**
- 7) Complete on line training : "Respect in sport"
<https://hq.respectgroupinc.com/secure/>**

Initiation Coaches Clinic

Dates / Times	Location
Dates : 18 and 19 September 2010 Times : Saturday 18 Sep 08h00 to 18h00 Sunday 19 Sep 08h00 to 18h00	Theory : Robinson Arena Boardroom (2 nd floor) 92, Du Patrimoine Street Gatineau, QC On ice practice : Robinson Arena (Aylmer Sector) 92, Du Patrimoine Street Gatineau, QC

Initiation Coaches Clinic

Dates / Times	Location
Date : 2 and 3 October 2010 Times : Saturday 2 Oct 08h00 to 18h00 Sunday 3 Oct 08h00 to 18h00	Theory : Community Center (Basement) J.A Perkins Park 17, Chemin du Manoir Val des Monts, QC On ice practice : Le Sportium Arena J.A Perkins Park 5, Chemin du Manoir Val des Monts, QC

For the fun of hockey



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Initiation Coaches Clinic	
Dates / Times	Location
Dates : 13 and 14 November 2010	Theory : Robinson Arena Boardroom (2 nd floor) 92, Du Patrimoine Street Gatineau, QC
Times : Saturday 13 Nov 08h00 to 18h00 Sunday 14 Nov 08h00 to 18h00	On ice practice : Robinson Arena (Aylmer Sector) 92, Du Patrimoine Street Gatineau, QC
Please note that this clinic might be bilingual if necessary.	

Typical Schedule Initiation Coaches Clinic	
Saturday	Sunday
07h30 Registration and distribution of material 08h00 Introduction to clinic 08h45 Generalities #1 09h45 Break 10h00 Generalities #2 10h45 Content #1 12h00 Lunch Break 12h45 Content #2 13h30 Respect and sport 14h30 Break and transfer to arena 15h00 On ice session - Technical skills (2hrs) 17h00 Plenary session	08h00 Volunteers 09h00 Introduction to the game 09h45 Break and transfer to arena 10h00 On ice session – MAHG Exercices (2hrs) 12h00 Lunch Break 12h45 Typical Lesson Theory 13h45 Equipment and other notions 14h30 Break and transfer to arena 15h00 On ice session Typical Lesson (no youngsters) 16h00 On ice session Typical Lesson (with youngsters) 17h00 Plenary session and certificates distribution

Please note that the above schedule may change depending on boardroom and ice availability.

Should you require additional information, please contact me (telephone and email info hereunder).

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